

PRESENTS...

SUNDAYS, 1/5 - 2/23!



LIL CARDINALS

WINTER BASKETBALL DEVELOPMENT LEAGUE



Where: Rutgers Preparatory School
345 Easton Ave, Somerset NJ 08873

When: Sunday evenings starting January 5 through February 23, 2020

Time: 4:00 PM to 5:00 PM

Who: Girls AND Boys age 6-10

Cost: \$200 which includes a T-Shirt

Directors: Kristen Somogyi

Program Goals

To provide a developmental program tailored towards young children that will emphasize skill work in game situations. The program will strive to give the participants a jump start to success in future travel, AAU and school programs.

Program Description

30 minutes training of basic basketball skills; which will include, shooting, passing, dribbling and defense. 30 minutes per day of actual game play 1 on 1, 2 on 2, 3 on 3 and full court games which will emphasize the rules of the game and application of learned skills.

Program Details

Space is limited to 30 participants

Participants will be grouped according to age and skill level

Girls and boys will not compete against each other.

2020 Jersey Cardinals - LIL Cardinals Winter Development Registration Form

Player Name _____ Grade _____

Address _____

Parent's Name _____ Parent's Cell _____

E-mail (to be used for program communications) _____

EMERGENCY CONTACT INFO: (if different from parent info above)

Name _____ Telephone Number _____

I hereby certify that my child is in good physical health and may participate in all program activities. I authorize the directors to act for me according to their best judgments in any emergency requiring medical attention. if necessary. All players must carry their own health and liability insurance.

Parent/Guardian Signature _____ Date _____

For more information, contact Kristen Somogyi at 732-485-6470 / ksomog3899@yahoo.com or Lorraine Meltzer at Lorrainemeltzer@yahoo.com

Please make checks payable to Central Jersey Cardinals.

Return completed form to:

Kristen Somogyi

86 Janet Court

Milltown. NJ 08850